

Stanford School



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February 2023

Chill Club - All Years

Dear Parents/Carers,

As part of our focus on wellbeing and mental health, Mrs Jones will be delivering an after school club that will enable children to have a safe space to relax and chill and where children can choose a variety of activities to do to help their well-being: Silent disco, yoga, chit and chat, comic reading and even mindfulness drawing activities!

The club aims to encourage positive wellbeing in pupils and have the opportunity for them to have a safe space to relax. Juice and biscuits will be provided in the session.

This club will take place starting **Tuesday 21st February and finish on Tuesday 21st March**. It will run from 15.15 – 16.15 each Tuesday, except Tuesday 28th February.

There are 12 spaces available and it will be on a first come first served basis. The cost will be £4.00 per session. The total for 4 sessions is £16.00.

Please visit www.scopay.com to book a place. Please enter on SCOpay whether your child is to walk home alone (year 5 and 6 only) or will be collected from school.

Thank you

Mrs Jones

